

MGM SCHOOL OF BIOMEDICAL SCIENCES

(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES)

(Deemed University u/s 3 of UGC Act 1956)

Grade "A" Accredited by NAAC

Sector 1, Kamothe, Navi Mumbai-410209, Tel.No.022-2743763, 27437632, 27432890

Email. sbsnm@mgmuhs.com/Website: www.mgmsbsnm.edu.in

CHOICE BASED CREDIT SYSTEM (CBCS)

(Academic Year 2025 - 26)

Curriculum for

M.Sc. Allied Health Sciences

Master in Public Health

Semester I & II

DIRECTOR'S MESSAGE

Welcome Message from the Director

Dear Postgraduate Students,

Welcome to MGM School of Biomedical Sciences (MGMSBS), MGMIHS, a premier institution dedicated to advancing allied and health sciences education. As you embark on this transformative academic journey, you are joining a community that fosters excellence in research, clinical expertise, and innovation.

MGMIHS, accredited with NAAC 'A⁺⁺' Grade (CGPA 3.55, 2022) and recognized as a Category I Institution by UGC, offers an ecosystem that nurtures both academic and professional growth. With NIRF (151-200 rank band) recognition, NABH-accredited hospitals, NABL-accredited diagnostic labs, and JCI accreditation for MGM New Bombay Hospital, we uphold global benchmarks in education and healthcare.

At MGMSBS, our **15 postgraduate programs** are meticulously designed to align with the National Commission for Allied and Healthcare Professionals (NCAHP) standards, National Education Policy (NEP) 2020, and the National Credit Framework (NCrF). We have implemented the **Choice-Based Credit System** (CBCS) to provide academic flexibility while ensuring rigorous training in clinical and technical skills. Our state-of-the-art research laboratories, digital classrooms, and the Central Research Laboratory (CRL) foster an environment that encourages innovation and evidence-based learning.

Postgraduate education at MGMSBS goes beyond theoretical learning—our curriculum integrates hands-on clinical training, interdisciplinary collaboration, and exposure to real-world healthcare challenges. We emphasize research-driven education, encouraging students to actively participate in scientific discoveries, publications, and international collaborations.

Beyond academics, we believe in holistic development, with initiatives such as the AARAMBH Science and Wellness Club, which promotes mental well-being, leadership, and professional networking.

As you step into this **next phase of academic and professional growth**, we encourage you to explore new ideas, engage in impactful research, and contribute meaningfully to the **healthcare ecosystem**. We are confident that your journey at MGMSBS will shape you into **skilled**, **compassionate**, **and visionary professionals**, ready to lead in the ever-evolving healthcare landscape.

We look forward to witnessing your achievements and contributions!

Dr. Mansee Thakur

Director, MGM School of Biomedical Sciences MGM Institute of Health Sciences, Navi Mumbai

HEAD OF DEPARTMENT'S MESSAGE

Dear Students,

Greetings!!!

On behalf of the MGM Family, I am delighted to welcome you to the Masters in Public Health Programme at MGM School of Biomedical Sciences (MGM SBS).

The Masters in Public Health course is designed to offer you an inspiring, engaging, and fulfilling learning experience. This program is intended to provide you with the skills and knowledge needed to address the critical public health challenges of today and the future. As a student at MGM SBS, you will be immersed in a culture of learning by doing. Our teaching pedagogy blends both theoretical knowledge and practical application, preparing you for real-world public health scenarios. Your active participation will be key in enriching this learning experience.

This program also places a strong emphasis on fieldwork, industry visits, and practical exposure, providing you with invaluable opportunities to understand public health in action. I am confident that your time at MGM SBS will be both academically and professionally enriching.

This Handbook has been designed to give you a comprehensive understanding of the academic structure and practical training of the course, ensuring that you are fully prepared to meet the needs of the program.

With Best Wishes,

Dr. B. S. Nagaonkar Head of Department, MGM SBS

ACADEMICS

MASTER IN PUBLIC HEALTH

(CHOICE BASED CREDIT SYSTEM)

Duration of the Programme: The Course shall extend over a period of 2 years with four semesters. Each year consist of 2 semesters with examinations at the end of every semester.

Eligibility for admission: Graduates in Medicine/ AYUSH/ Dentistry/ Veterinary Sciences/ Nursing/ Nutrition/ Sociology/Paramedical from a recognized University, with minimum 50% marks in qualifying (graduation) examination will be eligible for admission. The candidates having demonstrated experience in healthcare related field will be given preference.

Scheme of Examinations: There shall be examination at the end of each semester, which will be consisting of theory, practical, dissertation and Internal Assessments.

Clinical Posting: There will be mandatory clinical posting at Urban Health Training Centre, Rural Health Training Centre and in the Department of Community Medicine in each semester.

Requirement to Appear for the Examination: A candidate shall be permitted to appear for the university examination of any semester, if he/ she secure not less than 75% of attendance in the number of instructional days and not less than 35% Marks in Internal Assessment, failing which he/ she should redo that course of study. The criterion for appearing in last semester examination is to qualify all subjects of I, II and III semesters.

Medium of Instruction and Examination: The medium of instruction throughout the course and the examinations shall be English only.

Passing: A Candidate shall be declared to have passed the examination in a subject if he/she secured not less than 50% in aggregate internal and external examinations.

Conferment of Degree: A candidate, who has passed all the examinations as prescribed, shall be eligible to receive the degree of -"Masters in Public Health" from the MGM Institute of Health Sciences.

For any query visit the website: www.mgmsbsnm.edu.in

PROGRAMME OUTCOME

Program Code	Program Objective
PO 1	Public Health Knowledge and Technology: Apply advanced knowledge of public health systems, epidemiology, health policies, and technologies to improve population health outcomes and streamline public health interventions.
PO 2	Critical Thinking and Problem-Solving : Use analytical skills and professional judgment to assess public health issues, make data-driven decisions, and develop effective solutions to improve community health and address public health challenges.
PO 3	Healthcare Research Skills: Conduct and analyze public health research to inform evidence-based practices, contribute to innovations in public health policy and management, and improve public health decision-making.
PO 4	Professional Ethics and Public Health Practice: Adhere to ethical guidelines in public health practice, ensuring that social justice, equity, and ethical principles guide the design and implementation of health policies and programs.
PO 5	Communication Skills: Communicate effectively with diverse populations, healthcare providers, and policymakers to ensure clear information exchange, promote health education, and foster collaboration across public health initiatives.
PO 6	Teamwork and Collaboration: Collaborate effectively with interdisciplinary teams to address public health issues, promote community engagement, and implement public health programs, fostering a cooperative work environment.
PO 7	Holistic Development and Leadership: Develop intellectual, emotional, and leadership skills to navigate public health challenges, manage health organizations, and advocate for sustainable and equitable health solutions.
PO 8	Lifelong Learning: Cultivate a commitment to continuous learning, staying informed about emerging public health trends, research, and innovations to support ongoing professional development and improve public health practices.

PROGRAMME SPECIFIC OUTCOME

Program Code	Program Objective
PO 1	Provide in-depth public health knowledge for practical application in various health settings.
PO 2	Develop critical thinking to analyze and solve public health issues.
PO 3	Equip students to make informed, evidence-based decisions.
PO 4	Foster research skills for impactful public health studies and interventions.
PO 5	Prepare students for leadership and teamwork in multidisciplinary public health sectors.
PO 6	Strengthen communication skills for effective public health advocacy.
PO 7	Instill ethical principles for responsible public health practice.
PO 8	Encourage lifelong learning for continuous professional development.

SEMESTER I

MPH 101 T	Introduction to Human Biology, Public Health, Healthcare System in India & Hospital Industry	Mapped POs	Teaching Learning Methodologies	Assessment Tools
CO1	To understand human biology and the functions of various body systems.	PO1, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO2	To grasp knowledge about key public health issues and environmental health impacts.	PO1, PO2, PO3, PO4, PO5, PO6, PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO3	To gain insights into healthcare systems and policies in India and globally.	PO1, PO2, PO3, PO4, PO5, PO6, PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO4	To understand the hospital industry's regulations, challenges, and opportunities.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment

MPH	Introduction to Epidemiology and	Mapped POs	Teaching	Assessment
102 T	Demography		Learning	Tools
			Methodologies	
CO1	To apply epidemiological methods,	PO1, PO2,	Lecture, Group	Internal Exam,
	including study designs and screening	PO3, PO4,	Discussion, Quiz,	University Exam
	tests, to understand and analyse public	PO5, PO6,	Assignment,	(Theory Exam),
	health issues.	PO7, PO8	Seminar	Seminar,
	nearth issues.	107,100		Assignment
CO2	To understand and interpret	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	epidemiological measures and study	PO4,PO5,	Discussion, Quiz,	University Exam
	designs like cohort, case-control, and	PO6,PO7, PO8	Assignment,	(Theory Exam),
	randomized control trials.		Seminar	Seminar,
	Tanadinized Control trials.			Assignment
CO3	To analyse demographic data and trends,	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	including fertility, mortality, and	PO4,PO5,	Discussion, Quiz,	University Exam
	migration, and use this information in	PO6,PO7, PO8	Assignment,	(Theory Exam),
	public health planning and policy		Seminar	Seminar,
	development.			Assignment

MPH 103 T	Introduction To Concepts & Principles of Management and Business Communication	Mapped POs	Teaching Learning Methodologies	Assessment Tools
CO1	To gain a solid understanding of management principles, which will help		Lecture, Group Discussion, Quiz,	Internal Exam, University Exam

	students manage and improve performance in various industries.	PO6,PO7, PO8	Assignment, Seminar	(Theory Exam), Seminar, Assignment
CO2	To acquire practical skills in applying management functions (planning, organizing, staffing, directing, and controlling) to improve organizational efficiency.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO3	To apply key management theories to real-world business challenges and decision-making processes.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
C04	To demonstrate proficiency in business communication, including drafting professional business correspondence and delivering effective presentations.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment

CC 001 T & CC 001 P	Research Methodology & Biostatistics (Core Course)	Mapped POs	Teaching Learning Methodologies	Assessment Tools
CO1	Student will be able to understand develop statistical models, research designs with the understating of background theory of various commonly used statistical techniques as well as analysis, interpretation & reporting of results and use of statistical software.	PO3 & PO8	Lecture, Practical, Journals	University Exam (Theory & Practical), Journal

MPH 104	Practice of Public Health (Basic)	Mapping POs	Teaching	Assessment Tools
CP			Learning	
			Methodologies	
CO1	T : : : : :	PO1,PO2,PO3,	Field Postings,	University Exam
	To acquire practical experience in	PO4,PO5,	Camps, Family	(Project
	implementing public health programs, improving their skills in health	PO6,PO7, PO8	adaptation	Presentation), Log
	assessments and intervention design.		Program,	book, Project book
	assessments and intervention design.		presentations	
CO2		PO1,PO2,PO3,	Field Postings,	University Exam
	To develop a deeper understanding of	PO4,PO5,	Camps, Family	(Project
	community health needs and gain	PO6,PO7, PO8	adaptation	Presentation), Log
	proficiency in creating effective public		Program,	book, Project book
	health strategies.		presentations	

SEMESTER II

MPH 105	Reproductive, Maternal,	Mapping POs	Teaching	Assessment
T	Child, Adolescent &		Learning	Tools
	Geriatric Health		Methodologies	
CO1	To gain a comprehensive	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	understanding of reproductive,	PO4,PO5,	Discussion, Quiz,	University Exam
	maternal, and child health	PO6,PO7, PO8	Assignment, Seminar	(Theory Exam),
	services and their effectiveness in			Seminar,
	India.			Assignment
CO2	To develop the ability to analyse	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	and address key adolescent health	PO4,PO5,	Discussion, Quiz,	University Exam
	issues, such as teenage	PO6,PO7, PO8	Assignment, Seminar	(Theory Exam),
	pregnancy, mental health, and			Seminar,
	anaemia.			Assignment
CO3	To demonstrate proficiency in	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	applying gender-sensitive	PO4,PO5,	Discussion, Quiz,	University Exam
	approaches and promoting social	PO6,PO7, PO8	Assignment, Seminar	(Theory Exam),
	inclusion in public health			Seminar,
	initiatives.			Assignment
CO4	To be able to design and evaluate	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	public health interventions that	PO4,PO5,	Discussion, Quiz,	University Exam
	target health disparities among	PO6,PO7, PO8	Assignment, Seminar	(Theory Exam),
	vulnerable groups.			Seminar,
	vamerable groups.			Assignment

MPH 106 T	Epidemiology of Communicable And Non- Communicable Diseases	Mapping POs	Teaching Learning Methodologies	Assessment Tools
CO1	To gain a solid understanding of the epidemiology of communicable and non- communicable diseases and their key determinants.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO2	Learn to analyze disease transmission dynamics and apply control measures effectively in real-world settings.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO3	To develop practical skills in surveillance, outbreak investigation, and evaluating immunization programs and adverse events.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO4	To be able to design and implement strategies to prevent NCDs, recognizing their economic impact and links to communicable disease prevention.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment

MPH 107 T	Health Planning, Health Management, Health Communication And Health Care	Mapping POs	Teaching Learning Methodologies	Assessment Tools
CO1	To gain a thorough understanding of health policy frameworks and the roles of stakeholders in policy-making.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO2	To develop practical skills in designing, implementing, and evaluating public health programs for disease prevention.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO3	To apply strategic management tools to enhance public health policy and decision-making processes.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO4	Assess and integrate innovations in public health, including the use of health technologies and public-private partnerships.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment
CO5	To be able to critically evaluate the effectiveness of health programs and policies in improving health outcomes across sectors.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Quiz, Assignment, Seminar	Internal Exam, University Exam (Theory Exam), Seminar, Assignment

MPH 108 T	Health Economics	Mapping POs	Teaching Learning Methodologies	Assessment Tools
CO1	To understand basic health	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	economics concepts and their	PO4,PO5,	Discussion,	University Exam
	application in healthcare.	PO6,PO7, PO8	Assignment, Seminar	(Theory Exam),
				Seminar,
				Assignment
CO2	To apply economic principles to	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	analyze demand, supply, and	PO4,PO5,	Discussion,	University Exam
	costs in healthcare systems.	PO6,PO7, PO8	Assignment, Seminar	(Theory Exam),
				Seminar,
				Assignment
CO3	To use economic evaluation tools	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	like CBA and CEA to assess	PO4,PO5,	Discussion,	University Exam
	healthcare interventions.	PO6,PO7, PO8	Assignment, Seminar	(Theory Exam),
				Seminar,
				Assignment
CO4	To grasp the significance of	PO1,PO2,PO3,	Lecture, Group	Internal Exam,
	healthcare financing, reforms, and	PO4,PO5,	Discussion,	University Exam
	universal health coverage in	PO6,PO7, PO8	Assignment, Seminar	(Theory Exam),
	improving systems.			Seminar,

Assignment					Assignment
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MPH 109 CP	Practice of Public Health (Advance)	Mapping POs	Teaching Learning Methodologies	Assessment Tools	
	,				
CO1	To acquire practical experience in	PO1,PO2,PO3,	Field Postings,	University Exam	
	implementing public health	PO4,PO5,	Camps, Family	(Project	
	programs, improving their skills	PO6,PO7, PO8	adaptation Program,	Presentation), Log	
	in health assessments and		presentations	book, Project book	
	intervention design.				
CO2	To develop a deeper	PO1,PO2,PO3,	Field Postings,	University Exam	
	understanding of community	PO4,PO5,	Camps, Family		
	health needs and gain proficiency	PO6,PO7, PO8	adaptation Program,		
	in creating effective public health		presentations		
	strategies.				

SEC 001 T	Innovation and Entrepreneurship	Mapping POs	Teaching Learning Methodologies	Assessment Tools
CO1	Students will grasp the concepts of innovation, its ecosystem, and	PO1,PO2,PO3, PO4,PO5,	Lecture, Group Discussion,	University Exam
	the role of various stakeholders such as government policies, startups, and innovation hubs.	PO6,PO7, PO8	Assignment, Seminar	
CO2	Cultivating an entrepreneurial mindset and leadership qualities necessary for driving innovation and leading ventures.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Assignment, Seminar	University Exam
CO3	Understanding the intersection of technology and innovation and leveraging emerging technologies for entrepreneurial ventures.	PO1,PO2,PO3, PO4,PO5, PO6,PO7, PO8	Lecture, Group Discussion, Assignment, Seminar	University Exam

SEC	One Health (NPTEL)	Mapping POs	Teaching	Assessment
002 T			Learning	Tools
			Methodologies	
CO1	A comprehensive understanding of	PO1,PO2,PO3,	E- Learning,	Online Exam
	One Health's role in global health	PO4,PO5,	Modules, Handouts	(MCQs) (NPTEL)
	challenges, emphasizing	PO6,PO7, PO8		
	interconnectedness among human,	, ,		
	animal, and environmental health.			
CO2	Topics include research ethics,	PO1,PO2,PO3,	E- Learning,	Online Exam
	disease surveillance, and successes	PO4,PO5,	Modules, Handouts	(MCQs) (NPTEL)
	in controlling emerging infectious	PO6,PO7, PO8		
	diseases.	, ,		
CO3	Students explore disease	PO1,PO2,PO3,	E- Learning,	Online Exam
	emergence, transmission,	PO4,PO5,	Modules, Handouts	(MCQs) (NPTEL)
	antimicrobial resistance, and food	PO6,PO7, PO8		
	safety, gaining insights into			
	effective public health strategies.			

			OUTL	INE OF	COUR	SE CU	RRICU	LUM						
			M	laster in	Public	Health	(MPH))						
16					Semest	ter I								
			(Credits/Wee				Hı	's/Semeste		1		Marks	
Code No.	Core Course	Lecture (L)	Tutorial (T)	Practical (P)	Clinical Posing/ Rotation (CP)	Total Credits (C)	Lecture (L)	Tutorial (T)	Practica l (P)	Clinical Posing/ Rotation (CP)	Total (hrs.)	Internal Assement (IA)	Semester End Exam (SEE)	Total
				Discipli	ne Specific	Core Th	ieory							
MPH 101 T	Introduction to Human Biology, Public Health, Health Care System in India & Hospital Industry	3	1	-	-	4	45	15	-	-	60	20	80	100
MPH 102 T	Introduction to Epidemiology & Demography	3	1	-	-	4	45	15	_	-	60	20	80	100
MPH 103 T	Introduction to Concepts & Principles of Management and Business Communication	3	1	-	-	4	45	15	12	-	60	20	80	100
CC 001 T	Research Methodology & Biostatistics (Core Course)	3	-	-	-	3	45	-	-	-	45	-	50	50
				Disciplin	e Specific	Core Pra	ıctical	-	2.0	20		20		
MPH 104 CP	Practice of Public Health (Basic)	-	-	-	15	5	-	-	-	225	225	i.	50	50
CC 001 P	Research Methodology & Biostatistics (Core Course)	-	-	4	-	2	-	-	60	-	60	ſ-	50	50
	Total	12	3	4	15	22	180	45	60	225	510	60	390	450

			OU	JTLINE	OF COU	RSE CU	JRRICU	JLUM						
				Maste	r in Publ	ic Healt	h (MPH	D)						
44					Seme	ster II								
				Credits/We	ek			I	Irs/Semeste	r		Marks		
Code No.	Core Course	Lecture (L)	Tutorial (T)	Practical (P)	Clinical Posing/ Rotation (CP)	Total Credits (C)	Lecture (L)	Tutorial (T)	Practical (P)	Clinical Posing/ Rotation (CP)	Total (hrs.)	Internal Assement (IA)	Semester End Exam (SEE)	Total
				Dis	scipline Spec	ific Core T	heory							
MPH 105 T	Reproductive, Maternal, Child, Adolescent &Geriatric Health	3	1	-	-	4	45	15	-	-	60	20	80	100
MPH 106 T	Epidemiology of Communicable & Non-Communicable Diseases	3	-	-	-	3	45	-	-	-	45	20	80	100
MPH 107 T	Health Planning, Health Management, Health Communication & Health Care	3	1	-	-	4	45	15	-1	-	60	20	80	100
MPH 108 T	Health Economics	2	-	-	-	2	30	-	-	-	30	10	40	50
				Disc	cipline Speci	fic Core P	ractical				•			
MPH 109 CP	Practice of Public Health (Advance)	-	-	-	18	6	-	-	-	270	270	-	50	50
					Skill Ehance	ement Cou	rse							
SEC 001 T	Innovation and Enterprenuarship	3			_	3	45		_	_	45		50	50
SEC 002 T	One Health (NPTEL)			-		3	43				45	-	30	50
	Total	14	2	0	18	22	210	30	0	270	510	70	380	450